

## Travel with Eye Drops – What You Need to Know

Travelling by plane can sometimes pose challenges, especially when it comes to carrying liquids in your carry-on baggage. If you rely on eye drops for your eye care routine, you might be wondering whether you can bring them on a plane. Fortunately, the Transportation Security Administration (TSA) has guidelines in place to ensure the safety of passengers while accommodating essential medical items.

### Understanding TSA Regulations:

The TSA has specific rules regarding liquids in carry-on bags, and these regulations apply to eye drops as well. According to the current guidelines, passengers are allowed to bring small amounts of liquids, gels, and aerosols in their carry-on baggage, provided they adhere to the 3-1-1 rule.

#### The 3-1-1 Rule:

The 3-1-1 rule stipulates that liquids must be in containers of 3.4 ounces (100 millilitres) or less, all containers must fit into a single quart-sized, clear, resealable plastic bag, and each passenger is allowed only one bag. This rule is intended to streamline the security screening process and ensure the safety of all passengers.



### Tips for Bringing Eye Drops on a Plane:

**Check the Size:** Make sure your eye drop container is 3.4 ounces (100 millilitres) or less. Most standard-sized eye drop containers comply with this requirement.

**Use a Clear Plastic Bag:** Place your eye drops in a quart-sized, clear, resealable plastic bag. This bag should be easily accessible for inspection during the security screening process.

**Bring Prescription Documentation:** If your eye drops are prescription medications, it's a good idea to carry a copy of the prescription with you. This can be useful if security personnel have any questions about the medication.

**Inform Security Officers:** When you reach the security checkpoint, inform the officers that you have eye drops in your carry-on. This proactive approach can help streamline the screening process.

**Consider Travel-Sized Options:** To make your packing and security process even smoother, consider purchasing travel-sized eye drops that meet the 3-1-1 requirements.

## **Conclusion:**

For those who rely on eye drops for relief from dryness or other eye conditions, the question arises: [can you bring eye drops on a plane](#)? On a plane, you are allowed to bring eye drops. You can travel with your essentials for eye care with confidence if you plan ahead, follow best practices, and comprehend and abide by TSA guidelines. Thus, remember to always have eye drops on hand and relish a smooth ride with sharp, rested eyes.